

THE FIVE COACHING CONVERSATIONS

A Research-Based Model for Maximizing People's Performance and Potential

ARE YOU A LEADER AND/OR COACH WHO WANTS TO:

ASSESS AND IMPROVE YOUR COACHING ABILITY

ENHANCE HOW YOU LEAD VIRTUALLY

COACH AND SUPPORT OTHERS THROUGH CHANGE AND CRISIS

MAXIMIZE INDIVIDUAL AND TEAM PERFORMANCE

SET NEW EMPLOYEES UP FOR SUCCESS

HELP OTHERS NAVIGATE AMBIGUITY, INDECISION, AND UNCERTAINTY

KEEP OTHERS ENGAGED AND MOTIVATED

DELEGATE EFFECTIVELY

RETAIN AND DEVELOP KEY TALENT

Discover a different way of thinking about coaching. This highly interactive program defines an impactful, practical, and research-based set of coaching skills designed to help coaches in virtually any context to be as effective as possible, and get the best results out of their people.

ON SITE

LIVE ONLINE

SELF-PACED
E-LEARNING
(COMING SOON)



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4142 Adams Avenue
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IMPROVE COACHING SKILL



ASSESS CURRENT COACHING APTITUDE



DEVELOP A COACHING ACTION PLAN

ENHANCE THE PROGRAM EXPERIENCE



LEARNING REINFORCEMENT VIA MOBILE COACHING



ONE ON ONE COACHING SESSIONS

BUILD COACHING CREDIBILITY



CERTIFICATE OF COMPLETION

LEARN HOW HIGHLY EFFECTIVE COACHES COACH SOMEONE WHO IS:

NEW TO A JOB, ROLE, OR TASK

EXPLAIN

Set your coachee up for success by utilizing a powerful framework for clearly stating expectations upfront and providing effective feedback.

UNCERTAIN, STUCK, AND/OR FACED WITH MULTIPLE OPTIONS

EXPLORE

Leverage a rich, two-way dialog to uncover options for accomplishing something and agree on a way forward.

EXPERIENCING A DIP IN MOTIVATION AND/OR CONFIDENCE

ENCOURAGE

Discover specific key encouragers and adapt your coaching approach in a way that addresses dips in motivation and confidence.

MOTIVATED, INDEPENDENT, AND OVERALL SUCCESSFUL

EMPOWER

Enable your solid performers to leverage their time and skill effectively by becoming intentional about delegation efforts.

ACCOMPLISHED AND READY TO EXPLORE NEW GOALS/DUTIES

ELEVATE

Use a forward-focused, strengths-based framework to discuss higher-level possibilities for those who are accomplished in their role/career.

RESISTANT TO COACHING AND/OR DEVELOPMENT EFFORTS

EVALUATE: THE UN-COACHING CONVERSATION

Evaluate the effectiveness of coaching efforts overall and how discover to determine a coachee's "ripeness" for improvement overall.



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